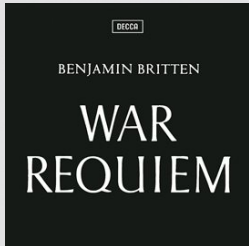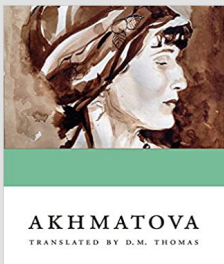# Shelter in *Faith* Resources
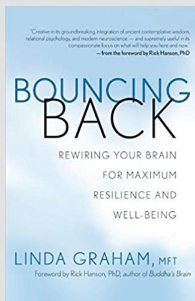
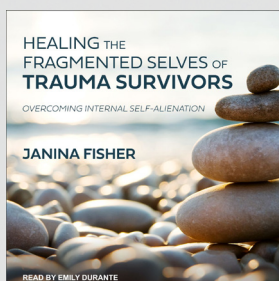## Part 1: Crisis and Recovery

Recommendations from our Librarians

War Requiem is classical music by Benjamin Britten. Our Hoopla music collection has 3 versions. We recommend the original cast with Vishnevskaya.

Anna Akhmatova's poem, Requiem is available in a really nice reading on Youtube: https://youtu.be/vchOX6LGekI.

Bouncing Back: Rewiring Your Brain for Maximum Resilience and Well-Being. By Linda Graham and Rick Hanson. Also available from RBdigital Unlimited as an eAudiobook.

Healing the Fragmented Selves of Trauma Survivors: Overcoming Internal Self-Alienation by Janina Fisher. Available from RBdigital Unlimited as an eAudiobook

Everything Happens for a Reason by Kate Bowler. Available as Overdrive ebook & eAudio, RBdigital Unlimited, eAudiobook.

Your Libraries in Partnership

Watsonville
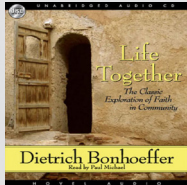PUBLIC LIBRARY
Gather, Learn & Celebrate!

SANTA CRUZ
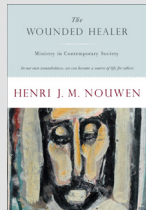PUBLIC LIBRARIES
connect | inspire | inform

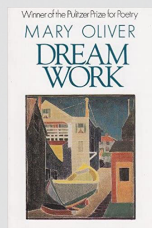# Shelter in *Faith* Resources

Recommendations from our Presenters

Pastor Jim Lapp, St. Stephen's Lutheran Church (ELCA)

Life Together, by Rev. Dietrich Bonhoeffer is available as an audio book from both Hoopla and RBdigital.
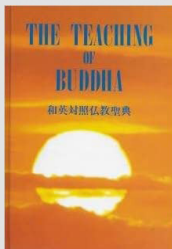
Wounded Healer by Henri Nouwen. This is a classic title that we are currently reordering for the the libbrary. Other works by the author are available in print.

Poetry by Wendell Berry; Mary Oliver, such as *Dreamwork;* and Gerard Manley Hopkins. Availalbe as eBooks from Hoopla

Rev. Jay Shinseki, Watsonville Buddhist Temple

The Teachings of the Buddha, by Bukkyo Dendo Kyokai is available on eAudio from Hoopla. (Society for the Promotion of Buddhism), Kosaido Co., Ltd, Tokyo Japan.

Titles Not Yet Available In Library Collections

The Buddha's Wish for the World, by Monshu Koshin Ohtani.

The Buddha's Call to Awaken: Shin Buddhist Views on the Crumbling of True Spiritual Values. By Monshu Koshin Ohtani.

Ocean: An Introduction to Jodo-Shinshu Buddhism in America, by Kenneth K. Tanaka.

St. Stephen's Lutheran Church

Sojourners

Evangelical Lutheran Church in America

Our Lady Star of the Sea

Watsonville Buddhist Temple

Inner Light Ministries